

PALLIATIVE CARE

Individuals with a serious illness or health problem may benefit from palliative care. Palliative care is the total care of individuals with serious, often chronic illness. Palliative care emphasizes relief from pain and other distressing symptoms, and integrates the physical, emotional, and spiritual aspects of care. The Pathways program also offers a support system to help the patient and family cope.

Palliative care works together with the primary treatment individuals may be receiving to address their disease or illness. It is appropriate at any point in an illness and can be provided at the same time as curative treatment. The goal is to prevent and ease suffering, and improve quality of life.



Palliative care from Pathways can ease symptoms and assist in dealing with:

- *Breathing problems*
- *Constipation*
- *Depression and exhaustion*
- *Loss of appetite and nausea*
- *Pain and other symptoms*
- *Sleeping problems or fatigue*
- *Spiritual and emotional issues*

The Pathways program can also help with:

- *Education about disease/illness and decision making*
- *Coping strategies*
- *Coordination of health care and navigating the medical system*
- *Advance care planning and planning for the future*
- *Financial resource recommendations*
- *Support for family members*



Pathways services are provided in the patient's home. Patients do NOT give up their own doctor in order to receive care from Pathways. The Pathways team works in partnership with the patient's physician(s) to coordinate and case manage care at no additional cost to eligible patients.



Call PATHWAYS at (716) 304-1214
or visit PathwaysPCP.org for more
information or to make a referral.

(716) 304-1214
Info@PathwaysPCP.org
PathwaysPCP.org



Leading the way to comfort for individuals faced with serious, chronic and progressive illness.



The PATHWAYS palliative care program provides case management support and services to individuals and families faced with serious illness. Improved quality of life is our number one goal.



Pathways team members work with you and your health care providers to help you navigate the health care system to ensure the best care and quality of life possible.



ELIGIBILITY REQUIREMENTS

Individuals facing serious, progressive illness including, but not limited to the following conditions may be eligible.

- Repeated hospitalizations or emergency room visits
- Cancer, whether or not the patient is undergoing active treatment with radiation or chemotherapy
- Chronic Obstructive Pulmonary Disease (COPD)
- Congestive Heart Failure (CHF)
- Malignant Disease
- Liver or Pancreatic Disease
- Progressive Neurological Disorders
- Cardiomyopathy
- Advanced Alzheimer's disease or other dementia

The *Pathways Palliative Care Program* provides a team approach to patient-centered care. The patient is the most important member of the team and care is managed with each patient's wishes in mind. Like their illness and symptoms, each patient is unique and treated with individualized care from the rest of the Pathways team. Our team members recognize and understand that knowing who the patient is and what their wishes are help to improve the care we can provide to ease pain and other symptoms, as well as emotional suffering and stress.

Pathways gives seriously ill patients the opportunity to live life more comfortably. Our palliative care services from experts in the field provide relief from distressing symptoms. They can also help patients deal with side effects of medical treatments.



PATHWAYS SERVICES

Our team of professionals provides expert treatment of pain and other symptoms so patients receive the best relief possible. Services include:

- Open and supportive discussions about treatment choices and symptom management
- Coordination of care with all health care providers
- Emotional support for the patient and the family
- 24/7 telephone access to a registered nurse
- Social work visits to help access community support services and complete Advance Directives
- Regular phone contact to monitor the patient's condition and answer questions



Pathways palliative care is available through several insurance providers. Private pay options are also available. Call (716) 304-1214 to learn more.

For more information or to make a referral to PATHWAYS, call (716) 304-1214 or visit PathwaysPCP.org.