



# Newly Bereaved

**Wednesday, January 9**

**4:30-6:00pm**

**North Tonawanda Public Library**

**505 Meadow Dr.**

**North Tonawanda, NY 14120**

**Friday, January 11**

**1:30-3:00pm**

**Niagara Hospice Administrative Building**

**4675 Sunset Dr.**

**Lockport, NY 14094**

*Reservations highly recommended—We want to make sure we have enough supplies for everyone—in case of cancellations due to bad weather, or other emergencies, we can get a hold of everyone in a timely manner.*

This educational workshop is for those who have lost a loved one in the last one to three months. You will learn about the process of grief, common grief responses, and some helpful suggestions for navigating this difficult journey.

**Registration is required for this workshop.**



***NiagaraHospice.org***

**Call (716) 280-0777**

**to register**

